

# EXTREME OCTOBER CAMP 2019

**TESTING DATE**  
**SUNDAY, OCT 20th**  
 Aliso Viejo 949-425-0500  
**No Late Testing**

**THIS IS NOT A OVERNIGHT CAMP STUDENTS WILL LEAVE AND RETURN THE NEXT MORNING. LUNCH AND DINNER WILL BE PROVIDED on sat PLEASE SUPPLY YOUR CHILD WITH WATER AND HEALTHY SNACKS**

Aliso Viejo NGTC  
Saturday OCT 19th-  
Sunday OCT 20th

Belts and Awards handed out immediately after testing



Cut top section and keep for testing times " PLEASE PRINT CLEARLY "

**CAMP FEE \$300**

SUMMER CAMP AWARD  
 NEW MILITARY UNIFORM  
 T-Shirt and meals

STUDENTS TESTING FOR BLACK BELTS MUST ALSO SUBMIT A DAN APPLICATION SEPARATE FROM THE CAMP APPLICATION WTF OR ATC ONLY

YOU WILL NEED YOUR SPARRING GEAR ON SATURDAY JUNE 25 TH

Name: \_\_\_\_\_

DOB / / Age: M/F: \_\_\_\_\_

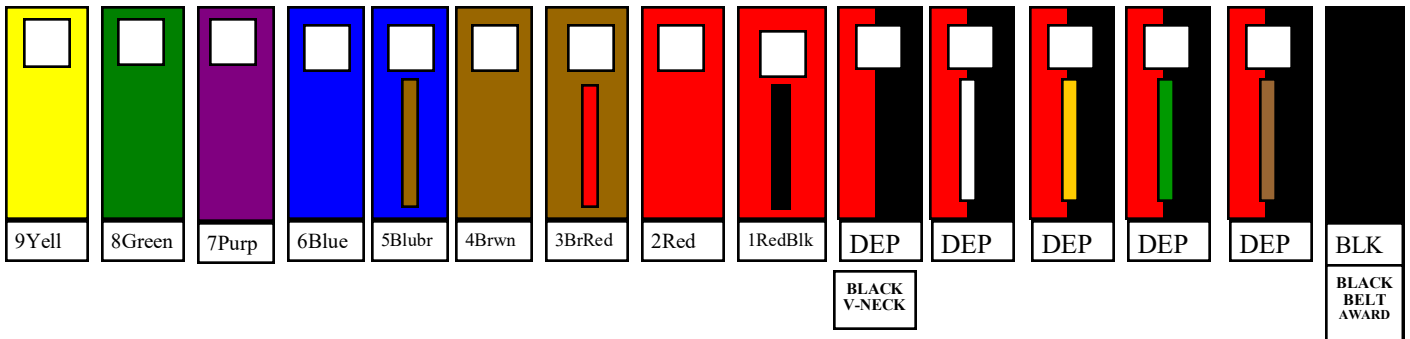
Current Rank: \_\_\_\_\_

Belt Size: 0 1 2 3 4 5 6 7 \_\_\_\_\_

Uniform Size:            0 1 2 3 4 5 6 7 \_\_\_\_\_

T- Shirt: Child L / Adult: S - M - L - XL - XXL \_\_\_\_\_

Applications turned in after SAT - 10/13 risk not testing.



**CAMP FEE \$300**  
**Applications are due by 10/13/19**

\*if you would like to test at the camp and are ready there will be an additional fee for the test add \$60

\*Testing for black belt Get Additional form

**Total: \$** \_\_\_\_\_

CHECK # \_\_\_\_\_  C.C  cash  on file C.C

CREDIT CARD # \_\_\_\_\_ EXP \_\_\_\_\_

**3 DIGIT CODE - Back of Card:** \_\_\_\_\_ **Card Holder Zip Code** \_\_\_\_\_

NAME ON CARD \_\_\_\_\_

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

**"No Refunds or Credits - Only make-ups will be given"**

**SATURDAY** OCT 19TH: ARRIVE AT 8:00 AM FOR SIGN IN AND PICK UP T-SHIRT AND UNIFORM & WARM UP

9:00—12:00 HIKING

12:15-1:15 LUNCH

1:15 FORMS

2:15 SPARRING

3:30 SNACK BREAK

3:45 JU JITSU

5:00 breaking technique

6:00 dinner (LOCAL RESTAURANT)

8:00 pick up

**SUNDAY** OCT 20TH ARRIVE AT 8:00 AM

8:00 RUN

9:00 WARM UP & STRETCHING

10:00 FORMS & BREAKING TECHNIQUE

11:30 BREAK & CHANGE

**12:00 TESTING**

**Notes:** Professional Instructors will make the decision on what belt rank you will be qualified to advance to; this is in the best interest of “**your individualized**” Tae Kwon Do training. We are the experts in the area of martial arts training. You are not required to test, but it is in the best interest of your progression, learning, confidence and self-motivation. The Adult & Junior program is specially designed to develop leadership abilities and superior martial art skills, and like anything great it takes time to develop the needed skills like self-discipline, self-control, balance and the strength needed for advanced self-defense, kicking and hand techniques.

**Not Passing The Belt Test:** If a students fail the belt examination, we do not embarrass them. They will still receive their new belt, but will be notified privately after the belt ceremony, and the instructor will notify those students about a re-test day. If those students do not re-test (No added-Fee to re-test), they will lose their belt & ranking until they do so. We do not share information about failing with other parents or students.